

FOUNDATIONAL SELF-DESCRIPTION BY DIMENSION (COHORT)

Name: _____ Date: _____
Supervisor: _____

This document is designed to help students reflect on **their body of work** and identify their own areas of strength and improvement. The feedback and rating from the direct supervisor and the Theraplay supervisor are intended to provide a concrete response to the student's work so that the student understands their level of skill.

PLEASE READ INSTRUCTIONS BELOW BEFORE COMPLETING:

Students: For each category, please provide rating and a brief explanation of your rating score using the space provided. **NOTE: You and your supervisor should review your total body of work, not just the session submitted.** The TTI supervisor will then review the session submitted and add his/her rating.

Supervisors: Please provide supporting comments for your rating. Ratings from a TTI supervisor are only applicable if supervisor is submitting student's 8th session for a second opinion.

These ratings are to reflect the student's total body of work.
**** An average score of 3.0 is required to achieve Foundational Theraplay Practitioner.****

THE RATING SCALE:

5: Exceptional

- Demonstrates ability to implement aspect of treatment effectively (90-100%) with limited guidance required. Integrates feedback from supervisor into practice all of the time.

4: Good skills

- Demonstrates ability to implement aspect of treatment effectively (70-90% of the time). Integrates feedback from supervisor into practice most of the time.

3: Average

- Demonstrates ability to implement aspect of treatment 50-70% of the time. Integrates feedback from supervisor into practice some of the time.

2: Needs improvement and additional supervisory support

- Demonstrates ability to implement aspect of treatment effectively 30-50% of the time. Integrates feedback from supervisor into practice minimally.

1: Significant deficit area—requires supervision beyond the standard practicum

- Practice not in line with Theraplay practice and supervisee has not demonstrated efforts to integrate recommendations of supervisor.

Category	Self-Rating	Supvr. Rating	TTI Rating
MIM ASSESSMENT			
<p>Areas to consider:</p> <p>Administer MIM appropriately: Select appropriate space; Provide clear instruction to family, selecting appropriate activities; Ask follow up questions of the family re: their experience with the MIM.</p> <p>MIM Analysis: Demonstrates an ability to complete written analysis of MIM clearly and effectively.</p> <p>Demonstrate on MIM analysis form at least 4 specific observations (reference verbal/non-verbal cues) that support conclusions and plans; Responses on the MIM Analysis Form demonstrate agreement between findings and supervisor 40-60% of the time; MIM findings clearly highlight recommendations for treatment and guide treatment planning process. Treatment Plans correspond to MIM Analysis that includes specific goals for treatment within appropriate dimensions; Session plans reflect understanding of identified goals and are guided by the treatment plan; Demonstrates an understanding of who and what needs to change and is able to guide this process through session planning.</p> <p>MIM feedback appropriate and sensitive: Is able to highlight family's/dyad's strengths and illustrate them through video clips; Is able to identify areas of concern and empathically explore with caregivers during feedback sessions.</p>			
<p><u>Please provide a brief explanation of your rating:</u></p>			
<p><u>Supervisor's Supporting Comments:</u></p>			
<p><u>TTI Supervisor Feedback (if applicable):</u></p>			
<p><u>Recommendations for increasing competence:</u></p>			

Category	Self-Rating	Supvr. Rating	TTI Rating
STRUCTURE			
Description: Arrange space and positioning for maximum comfort and impact on child; Help child focus on and attend to therapist, or parent; Activity choice appropriate for age/gender/developmental level; Lead child through a variety of organized, interactive playful sequences (example, balance between nurture/structure, quiet/ boisterous, faster/calmer); Help child accept structure; Help child remain regulated; Able to help child regain regulation; Is able to work around resistance; Uses appropriate modification for trauma history.			
<u>Please provide a brief explanation of your rating:</u>			
<u>Supervisor's Supporting Comments:</u>			
<u>TTI Supervisor Feedback (if applicable):</u>			
<u>Recommendations for increasing competence:</u>			

Category	Self-Rating	Supvr. Rating	TTI Rating
ENGAGEMENT			
<u>Description:</u> Demonstrates openness to connect with the child and create "moments of meeting"; Focuses on child exclusively and child experience being seen, heard and felt; Draw child's attention to adult's face/body and facial expressions/gestures; Share and increase positive affect through the interaction; Imitate child to turn what they do into a communication; Develop a repertoire of play interactions; Acknowledges child's reactions, likes and dislikes, distress and pleasure; Makes appropriate modifications for trauma history; Responds to child in order for child to feel he/she can make an impact.			

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable) :

Recommendations For Increasing Competence:

Category	Self-Rating	Supvr. Rating	TTI Rating
NURTURE			

Description: Provides nurturing touch and child is able to experience, accepts and enjoy the being cared for; Notices & acknowledges hurts during session & takes care of them; Mode and intensity of nurture is tailored to the specific needs of the child; Soothes the child when upset; Is comfortable with providing touch in its various forms; Makes appropriate modifications for trauma.

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable):

Recommendations for increasing competence:

Category	Self-Rating	Supvr. Rating	TTI Rating
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CHALLENGE

Description: Assist child to tolerate [accept] a variety of new activities; Is able to identify child's non-verbal signals; Assists child to develop ability to transition between activities calmly and with positive affect; Assists child to develop ability to prolong interaction; Encourages child to complete activities that are mildly difficult and involve developmentally appropriate or slightly higher skills; Assists child to feel competent and take fun-based risks; Makes appropriate modifications for trauma.

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable):

Recommendations for increasing competence:

Category	Self-Rating	Supvr. Rating	TTI Rating
WORKING WITH PARENTS			
<p>Description: Demonstrate the ability to be attuned to the parents' need in a Theraplay session at a beginning level; Provide proper seating; addresses parent to make her feel involved; Steps in to aid parent if an activity is not going well at a beginning level; As parent demonstrates competence, increases their participation in sessions.</p>			
<p>Interpreting: Explains clearly to parents critical aspects of Theraplay sessions & Theraplay principals; Demonstrates willingness to explain the reasons underneath the activities to the parents in a supportive manner.</p>			
<p>Guiding in session: Able to provide structure for parents to successfully participate in activities with their child; Able to redirect caregiver as needed to maintain positive interactions with the dyad Include parent as much as possible and increases their participation over the course of treatment.</p>			
<p>Assigning homework: Provides appropriate assignments to parent to incorporate into daily/weekly routines with child; Follows- up with parent re: assignments.</p>			
<p>Dealing with resistance: Manage countertransference appropriately; Able to provide support and empathy to parent when resistance is present; Maintains the safety of the child in the presence of resistance.</p>			
<p>Generalizing: assists parent to take Theraplay skills outside of the session; Demonstrates willingness to explain the reasons underneath the activities to the parents in a supportive manner; Follows the protocol of having consistent contact with the parent as necessary and applicable.</p>			
<p>Appropriate modifications for trauma history: Understands the effect of the child's trauma and related need for making appropriate accommodations; Understands the effect of the child's trauma on the parent; Understands the effect of the parents' history of trauma on their ability to parent effectively.</p>			
<p><u>Please provide a brief explanation of your rating:</u></p>			
<p><u>Supervisor's Supporting Comments:</u></p>			
<p><u>TTI Supervisor Feedback (if applicable):</u></p>			

Recommendations for increasing competence:

Category	Self-Rating	Supvr. Rating	TTI Rating
SELF REFLECTION			
<p>Description: Sessions demonstrate clinicians ability to integrate assessment materials: Session plans are related to assessment and identified treatment goals; Progression of sessions reflect progress toward goal achievement</p>			
<p>Seeks and utilizes supervision effectively and appropriately: Is eager to learn; Completes required forms and makes specific references to events as they occurred in session; Open to suggestions/recommendations of supervisor; Demonstrates an ability to reflect on strengths and challenges within a session and learn from them.</p>			
<p>Demonstrates growth across sessions: Is able to apply self-reflections to subsequent sessions; Integrates feedback of supervisor in subsequent sessions and as relevant to other families; Makes specific references on the session supervision form pertaining to events that happened in their session.</p>			
<p>*For Cohort Participants Only: Actively participates in observations of fellow cohort members, i.e., demonstrates attentiveness to the presenter, asks relevant questions, provides feedback and reflections; Is a supportive group member (offers encouraging comments, is willing to share knowledge outside of cohort time, etc.)</p>			
<p><u>Please provide a brief explanation of your rating:</u></p>			
<p><u>Supervisor's Supporting Comments:</u></p>			
<p><u>TTI Supervisor Feedback (if applicable):</u></p>			

Recommendations for increasing competence:

Category	Self-Rating	Supvr. Rating	TTI Rating
OVERALL			

Description: Demonstrates understanding of attachment and regulatory theory that underlies Theraplay treatment; Demonstrates understanding child's underlying physiologic or psychological motives rather than surface behaviors.

Research: Up to date on relevant research in developmental sciences and Theraplay applications; Seeks information related to increasing their understanding of current brain, trauma and attachment research to support their work/practice.

Observes contraindications as appropriate: Demonstrates flexibility in approach to activities in response to sensory issues, trauma, and resistance.

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable):

Recommendations for increasing competence:

Additional Comments:

- This application has been reviewed and approved for Foundational Theraplay Practitioner.
Please forward the appropriate certificate.
- This application has been reviewed. At this time, it is recommended that applicant seek
additional support from their supervisor.

X _____

Signature of Evaluating TTI Supervisor