

FOUNDATIONAL SELF-DESCRIPTION BY DIMENSION (COHORT)

Name: _____ Date: _____
Supervisor: _____

This document is designed to help students reflect on **their body of work** and identify their own areas of strength and improvement. The feedback and rating from the direct supervisor and the Theraplay supervisor are intended to provide a concrete response to the student's work so that the student understands their level of skill.

PLEASE READ INSTRUCTIONS BELOW BEFORE COMPLETING:

Students: For each category, please provide rating and a brief explanation of your rating score using the space provided. ***NOTE: You and your supervisor should review your total body of work, not just the session submitted.*** The TTI supervisor will then review the session submitted and add his/her rating.

Supervisors: Please provide supporting comments for your rating. Ratings from a TTI supervisor are only applicable if supervisor is submitting student's 8th session for a second opinion.

These ratings are to reflect the student's total body of work.

**** An average score of 3.0 is required to achieve Foundational Theraplay Practitioner.****

THE RATING SCALE:

5: Exceptional

- Demonstrates ability to implement aspect of treatment effectively (90-100%) with limited guidance required. Integrates feedback from supervisor into practice all of the time.

4: Good skills

- Demonstrates ability to implement aspect of treatment effectively (70-90% of the time). Integrates feedback from supervisor into practice most of the time.

3: Average

- Demonstrates ability to implement aspect of treatment 50-70% of the time. Integrates feedback from supervisor into practice some of the time.

2: Needs improvement and additional supervisory support

- Demonstrates ability to implement aspect of treatment effectively 30-50% of the time. Integrates feedback from supervisor into practice minimally.

1: Significant deficit area—requires supervision beyond the standard practicum

- Practice not in line with Theraplay practice and supervisee has not demonstrated efforts to integrate recommendations of supervisor.

Category	Self-Rating	Supvr. Rating	TTI Rating
STRUCTURE			
<p><u>Description:</u> Arrange space and positioning for maximum comfort and impact on child; Help child focus on and attend to therapist, or parent; Activity choice appropriate for age/gender/developmental level; Lead child through a variety of organized, interactive playful sequences (example, balance between nurture/structure, quiet/ boisterous, faster/calmer); Help child accept structure; Help child remain regulated; Able to help child regain regulation; Is able to work around resistance; Uses appropriate modification for trauma history.</p>			
<p><u>Please provide a brief explanation of your rating:</u></p>			
<p><u>Supervisor's Supporting Comments:</u></p>			
<p><u>TTI Supervisor Feedback (if applicable):</u></p>			
<p><u>Recommendations for increasing competence:</u></p>			

Category	Self-Rating	Supvr. Rating	TTI Rating
ENGAGEMENT			
<p><u>Description:</u> Demonstrates openness to connect with the child and create “moments of meeting”; Focuses on child exclusively and child experience being seen, heard and felt; Draw child’s attention to adult’s face/body and facial expressions/gestures; Share and increase positive affect through the interaction; Imitate child to turn what they do into a communication; Develop a repertoire of play interactions; Acknowledges child’s reactions, likes and dislikes, distress and pleasure; Makes appropriate modifications for trauma history; Responds to child in order for child to feel he/she can make an impact.</p>			

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable) :

Recommendations For Increasing Competence:

Category	Self-Rating	Supvr. Rating	TTI Rating
NURTURE			

Description: Provides nurturing touch and child is able to experience, accepts and enjoy the being cared for; Notices & acknowledges hurts during session & takes care of them; Mode and intensity of nurture is tailored to the specific needs of the child; Soothes the child when upset; Is comfortable with providing touch in its various forms; Makes appropriate modifications for trauma.

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable):

Recommendations for increasing competence:

Category

Self-Rating

Supvr. Rating

TTI Rating

CHALLENGE

Description: Assist child to tolerate [accept] a variety of new activities; Is able to identify child's non-verbal signals; Assists child to develop ability to transition between activities calmly and with positive affect; Assists child to develop ability to prolong interaction; Encourages child to complete activities that are mildly difficult and involve developmentally appropriate or slightly higher skills; Assists child to feel competent and take fun-based risks; Makes appropriate modifications for trauma.

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable):

Recommendations for increasing competence:

Recommendations for increasing competence:

Category	Self-Rating	Supvr. Rating	TTI Rating
SELF REFLECTION			

Description: Sessions demonstrate clinicians ability to integrate assessment materials: Session plans are related to assessment and identified treatment goals; Progression of sessions reflect progress toward goal achievement

Seeks and utilizes supervision effectively and appropriately: Is eager to learn; Completes required forms and makes specific references to events as they occurred in session; Open to suggestions/recommendations of supervisor; Demonstrates an ability to reflect on strengths and challenges within a session and learn from them.

Demonstrates growth across sessions: Is able to apply self-reflections to subsequent sessions; Integrates feedback of supervisor in subsequent sessions and as relevant to other families; Makes specific references on the session supervision form pertaining to events that happened in their session.

***For Cohort Participants Only:** Actively participates in observations of fellow cohort members, i.e., demonstrates attentiveness to the presenter, asks relevant questions, provides feedback and reflections; Is a supportive group member (offers encouraging comments, is willing to share knowledge outside of cohort time, etc.)

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable):

Recommendations for increasing competence:

Category

**Self-
Rating**

**Supvr.
Rating**

**TTI
Rating**

OVERALL

Description: Demonstrates understanding of attachment and regulatory theory that underlies Theraplay treatment; Demonstrates understanding child's underlying physiologic or psychological motives rather than surface behaviors.

Research: Up to date on relevant research in developmental sciences and Theraplay applications; Seeks information related to increasing their understanding of current brain, trauma and attachment research to support their work/practice.

Observes contraindications as appropriate: Demonstrates flexibility in approach to activities in response to sensory issues, trauma, and resistance.

Please provide a brief explanation of your rating:

Supervisor's Supporting Comments:

TTI Supervisor Feedback (if applicable):

Recommendations for increasing competence:

Additional Comments:

This application has been reviewed and approved for Foundational Theraplay Practitioner. Please forward the appropriate certificate.

This application has been reviewed. At this time, it is recommended that applicant seek additional support from their supervisor.

X _____

Signature of Evaluating TTI Supervisor