

## FOUNDATIONAL GROUP SELF-DESCRIPTION BY DIMENSION (8<sup>th</sup> SESSION)

*Please include this form with Group Theraplay midterm.*

Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Supervisor: \_\_\_\_\_

This document is designed to help students reflect on **their body of work** and identify their own areas of strength and improvement. The feedback and rating from the direct supervisor and the Theraplay supervisor are intended to provide a concrete response to the student's work so that the student understands their level of skill.

### PLEASE READ INSTRUCTIONS BELOW BEFORE COMPLETING:

**Students:** For each category, please provide rating and a brief explanation of your rating score using the space provided. ***NOTE: You and your supervisor should review your total body of work, not just the session submitted.*** The TTI supervisor will then review the session submitted and add his/her rating.

**Supervisors:** Please provide supporting comments for your ratings for the evaluating TTI supervisor.

**These ratings are to reflect the student's total body of work.**

**\*\* An average score of 3.0 is required to achieve  
Foundational Group Theraplay Practitioner.\*\***

### THE RATING SCALE:

5: Exceptional

- Demonstrates ability to implement aspect of treatment effectively (90-100%) with limited guidance required. Integrates feedback from supervisor into practice all of the time.

4: Good skills

- Demonstrates ability to implement aspect of treatment effectively (70-90% of the time). Integrates feedback from supervisor into practice most of the time.

3: Average

- Demonstrates ability to implement aspect of treatment 50-70% of the time. Integrates feedback from supervisor into practice some of the time.

2: Needs improvement and additional supervisory support

- Demonstrates ability to implement aspect of treatment effectively 30-50% of the time. Integrates feedback from supervisor into practice minimally.

1: Significant deficit area—requires supervision beyond the standard practicum

- Practice not in line with Theraplay practice and supervisee has not demonstrated efforts to integrate recommendations of supervisor.

Category	Self-Rating	Supvr. Rating	TTI Rating
<b>STRUCTURE</b>			
<p><b><u>Description:</u></b> Arrange space and positioning for maximum comfort and support for children; Help children focus on and attend to leader; Activity choice appropriate for age/gender/developmental level; Lead children through a variety of organized, interactive playful sequences (example, balance between nurture/structure, quiet/ boisterous, faster/calmer); Help children accept structure; Help children remain regulated; Able to help children regain regulation.</p>			
<p><b><u>Please provide a brief explanation of your rating:</u></b></p>			
<p><b><u>Supervisor's Supporting Comments:</u></b></p>			
<p><b><u>TTI Supervisor Feedback:</u></b></p>			
<p><b><u>Recommendations for increasing competence:</u></b></p>			

Category	Self-Rating	Supvr. Rating	TTI Rating
<b>ENGAGEMENT</b>			
<p><b><u>Description:</u></b> Demonstrates openness to connect with the children and create “moments of meeting”; Draw children’s attention to adult’s face/body and facial expressions/gestures; Share and increase positive affect through the interaction; Engage in “serve and return” communication with children; Develop a repertoire of play interactions.</p>			

**Please provide a brief explanation of your rating:**

**Supervisor's Supporting Comments:**

**TTI Supervisor Feedback:**

**Recommendations For Increasing Competence:**

Category	Self-Rating	Supvr. Rating	TTI Rating
<b>NURTURE</b>			

**Description:** Notices & acknowledges hurts during session & takes care of them; Mode and intensity of nurture is tailored to the specific needs of the children; Soothes the children when upset; Is comfortable with providing touch in its various forms

**Please provide a brief explanation of your rating:**

**Supervisor's Supporting Comments:**

**TTI Supervisor Feedback:**

**Recommendations for increasing competence:**

**Category**

**Self-Rating**

**Supvr. Rating**

**TTI Rating**

**CHALLENGE**

**Description:** Assist children to tolerate [accept] a variety of new activities; Assists children to develop ability to transition between activities; Assists children to develop ability to prolong interaction; Helps children to experience success

**Please provide a brief explanation of your rating:**

**Supervisor's Supporting Comments:**

**TTI Supervisor Feedback:**

**Recommendations for increasing competence:**



**Description:** Demonstrates understanding of attachment and regulatory theory that underlies Theraplay treatment; Demonstrates understanding children's underlying physiological or psychological motives rather than surface behaviors. Demonstrates flexibility in approach to activities in response to sensory issues, trauma, and resistance.

**Please provide a brief explanation of your rating:**

**Supervisor's Supporting Comments:**

**TTI Supervisor Feedback:**

**Recommendations for increasing competence:**

**Additional Comments:**

This application has been reviewed and approved for Foundational Group Theraplay Practitioner. Please forward the appropriate certificate.

This application has been reviewed. At this time, it is recommended that applicant seek additional support from their supervisor.

X \_\_\_\_\_

*Signature of Evaluating TTI Supervisor*