

Level One Theraplay & MIM Agenda – Trainer’s Copy

DAY 1					
Start Time	Duration	General Topic	Content	Activity	End Time
8:30 a.m.	45 min	Welcome	<ul style="list-style-type: none"> • Training Objectives • Individual Introductions • Announcements • Brief history of TP 	<p>Group Theraplay Games</p> <p>Debrief play experience</p>	9:15
9:15	45 min	Introduction & Theoretical Foundations	<ul style="list-style-type: none"> • What is Theraplay? • Theoretical Review 	<p>Video: Sample of Theraplay</p> <p>Video: Still Face Experiment</p> <p>Process experience</p>	10:00
10:00	15 min	Break			10:15
10:15	105 min	Dimensions	<ul style="list-style-type: none"> • The Four Dimensions of Theraplay • The Importance of Play 	Video: Dimension videos	12:00
12:00pm	60 min	Lunch			1:00
1:00	90 min	Treatment Process	<ul style="list-style-type: none"> • The Theraplay Protocol • MIM Administration • Observation and Analysis of the MIM 	Video: Demonstration Case	2:30
2:30	15 min	Break			2:45
2:45	60 min	MIM Analysis Continued	<ul style="list-style-type: none"> • Observation and Analysis of the MIM (continued) 	Video: Demonstration Case	3:45
3:45	45 min	Role Play	<ul style="list-style-type: none"> • Structure Activities demonstration and practice 	Structure Games	4:30

DAY 2					
Start Time	Duration	General Topic	Content	Activity	End Time
8:30 a.m.	120 min	MIM Feedback Process	<ul style="list-style-type: none"> • How to plan, prepare and conduct parent feedback sessions • Treatment Planning • Review of Feedback session with Demonstration family 	<p>Video: Demonstration case- MIM feedback session</p> <p>MIM Summary and Analysis: Break into small groups by dimension for discussion and process as a large group for treatment planning</p>	10:30
10:30	15 min	Break			10:45
10:45	45 min	Role Play	<ul style="list-style-type: none"> • Engagement Activities demonstration and practice 	Engagement Games	11:30

Level One Theraplay & MIM Agenda – Trainer’s Copy

11:30	30 min	Sequence of a Session	<ul style="list-style-type: none"> Integrating information from assessment and theory to consider how to plan your sessions Planning Theraplay sessions What might a first session look like for our demonstration case 		12:00
12:00pm	60 min	Lunch			1:00
1:00	45 min	Demonstration Family: 1 st session	<ul style="list-style-type: none"> Review video of first session with demonstration family Process session plan and adjustments made by practitioner 	Video: Demonstration Case 1 st session	1:45
1:45	45 min	The Role of Touch	<ul style="list-style-type: none"> Review of and discussion about the importance of touch Nurture Activities demonstration and practice 	Video: excerpts from TCU Healthy Touch Video Nurture Games	2:45
2:45	15 min	Break			3:00
3:00	90 min	Demonstration Case Wrap - UP	<ul style="list-style-type: none"> Review video of treatment progression Discuss increasing role of parents Discuss ongoing role of practitioner Discuss and highlight practitioner guiding parents to increased confidence and competence Observations re: treatment progress related to treatment goals 	Video: Demonstration Case segments throughout treatment	4:30

DAY 3

Start Time	Duration	General Topic	Content	Activity	End Time
8:30 a.m.	120 min	Principles for working with parents	<ul style="list-style-type: none"> Preparing the parents Developing parental empathy Building parental competence Contraindications for including parents 	Small Group Practice: Guiding Parents	10:30

Level One Theraplay & MIM Agenda – Trainer’s Copy

			<ul style="list-style-type: none"> Addressing parent’s needs – impact of their own trauma and attachment history 		
10:45	15 min	Break			10:45
10:45	75 min	Theraplay with Complex Trauma	<ul style="list-style-type: none"> Impact of trauma on children and families Review of theory Why Theraplay and how it can help Adapting Theraplay for working with complex trauma Contraindications for using Theraplay Combining treatment modalities 	<p>Video: Mark videos</p> <p>Video: Rage to Regulation--- Ali Cliffe with Jake</p> <p>Video: Wuendi – combining With DDP or OOGI video</p>	12:00
12:00pm	60 min	Lunch			1:00
1:00	45 min	Trauma Continued			1:45
1:45	90 min	Role Play	<ul style="list-style-type: none"> Challenge Activities demonstration and practice 	Challenge Games	2:30
2:30	15 min	Break			2:45
2:45	105 min	Phases of treatment & Working with and Managing Resistance	<ul style="list-style-type: none"> Typical progression of treatment Termination Identifying causes of resistance Managing resistance 	<p>Video: Lilit Resistance Videos</p> <p>Resistance Role Play</p>	4:30

DAY 4

Start Time	Duration	General Topic	Content	Activity	End Time
8:30 a.m.	45 min	Countertransference & Complex Parents	<ul style="list-style-type: none"> Countertransference in Theraplay Identifying & managing countertransference reactions in Theraplay Identifying Complex parents 		9:15

Level One Theraplay & MIM Agenda – Trainer’s Copy

			<ul style="list-style-type: none"> • Recommendations for working with Complex parents 		
9:15	45 min	Foster Care or Developmental Delays (includes Autism) Select based upon participants	<ul style="list-style-type: none"> • Implementing Theraplay with specific populations • Adaptations 	Video: Julia	10:00
10:00	15 min	Break			10:15
10:15	60 min	Adolescents	<ul style="list-style-type: none"> • Implementing Theraplay with specific populations • Adolescent development • Adaptations & considerations 	Video: Kevin	11:15
11:15	45 min	Implementation Discussion	<ul style="list-style-type: none"> • Theraplay in your work place – what obstacles may arise • Psychoeducation for administrators’ • Logistics of incorporating Theraplay in your practice • Ethical use of the model based upon credentials 		12:00
12:00pm	60 min	Lunch			1:00
1:00	90 min	Application Role Play	<ul style="list-style-type: none"> • Participants have prepared a treatment plan that integrates what they have learned based upon a case they have worked on, currently work with, or plan to work with. 	Application Role Play	2:30
2:30	15 min	Break			2:45
2:45	30 min	Certification Process	<ul style="list-style-type: none"> • Review and discussion of Certification Process • Participant Questions • Theraplay Service Mark • Evaluations (review of online process if online evaluation being used) 	Video: Certification videos	3:15
3:15	15 min	Good Bye Games	<ul style="list-style-type: none"> • Group Games 	Group Games	3:30

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Participants are asked to read Chapters 1 & 2 of the Theraplay Text prior to day 1 and complete a homework assignment after day 3 for the additional 1 hour of training.