

## **Level Two Theraplay & MIM Agenda 2020**

### **DAY ONE**

- 08:30 – 10:15      Activities, List of topics to address  
                                 Dimensions and supporting research handout
- 10:15 – 10:30      Break
- 10:30 – 10:45      The MIM by dimensions: what are we looking for  
10:45 – 12:00      MIM continued
- 12:00 - 01:00      Lunch
- 01:00 – 2:30      Analyzing a participant MIM  
02:30 – 2:45      Break  
02:45 – 4:30      Planning Feedback and treatment for participant's MIM  
                                 Group Theraplay activities

### **DAY TWO**

- 08:30 - 09:45      Working with complex parents – who are they?  
                                 When/whether parents should be included.  
                                 Discussion of AAI and adult classifications
- 09:45 - 10:30      The parent Theraplay session:  
10:30 - 10:45      Break  
10:45 - 11:00      play games like bubble tennis (tension releasing,  
                                 relaxing)
- 11:00 - 12:00      Participants experience the Questions for Parent Self-  
                                 Reflection
- 12:00 - 01:00      Lunch
- 01:00 - 01:30      Process experience of answering personal questions and  
                                 think about how their own clients might feel answering  
                                 the same questions
- 01:30 - 02:30      Participant presentation  
02:15 - 02:30      Break  
02:30 - 03:00      Countertransference –  
03:00 - 04:00      Parent role play  
04:00 - 04:30      Discussion

### **DAY THREE**

08:30 – 09:45	Discussion on impact of Developmental Trauma
09:45 – 10:30	Responses/modifications to angry, dysregulated, fearful videos
10:30 – 10:45	Break
10:45 – 12:00	Continued from above
12:00 - 01:00	Lunch
01:00 – 02:30	Modifying activities for trauma – activities handout
02:30 – 02:45	Break
02:30 – 03:30	Video of work with adolescent
03:30 – 04:30	Q & A about mod for trauma; Final questions, goodbye