

Hybrid Split Virtual and In-Person Level One Theraplay and MIM
Trainer's Agenda

Day 1
Virtual

| Start Time | Duration | General Topic | Content | End Time |
|------------|----------|---------------------|--|----------|
| 8:30AM | 30 min | Welcome | Learning Objectives Announcements Brief History of Theraplay | 9:00AM |
| 9:00AM | 60 min | Theory | What is Theraplay? Theoretical Review Still Face Experiment | 10:00AM |
| 10:00AM | 15 min | Break | | 10:15AM |
| 10:15AM | 120 min | Dimensions and Play | Four Dimensions of Theraplay Importance of Play | 12:15PM |
| 12:15PM | 30 min | Treatment Process | Theraplay Protocol | 12:45PM |

Day 2
Virtual

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|---------|---------|--------------|--|---------|
| 8:30AM | 10 min | Welcome | Intro Activity | 8:40AM |
| 8:40AM | 30 min | MIM | MIM Administration | 9:10AM |
| 9:10AM | 90 min | MIM | MIM Observation and Analysis | 10:40AM |
| 10:40AM | 15 min | Break | | 10:55AM |
| 10:55AM | 110 min | MIM Feedback | Plan, Prepare, and Conduct Parent Feedback Session | 12:45PM |

Day 3
Virtual

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|---------|--------|-----------|---|---------|
| 8:30AM | 10 min | Welcome | Intro Activity | 8:40AM |
| 8:40AM | 30 min | Sequence | Sequence of a Session | 9:10AM |
| 9:10AM | 60 min | Demo Case | Demo Family 1 st Session | 10:10AM |
| 10:10AM | 15 min | Break | | 10:25AM |
| 10:25AM | 45 min | Touch | Review and Discussion of Importance of Touch TCU Touch Video Discussion of Adaptations for Telehealth | 11:10AM |

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|---------|--------|-----------|--|---------|
| 11:10AM | 95 min | Demo Case | Wrap Up Discuss Increasing Role of Parents Highlight Guiding Parents | 12:45PM |
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Day 4
Virtual

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|---------|--------|----------|--|---------|
| 8:30AM | 10 min | Welcome | Intro Activity | 8:40AM |
| 8:40AM | 90 min | Parents | Preparing the Parents Parent Demonstration Session Developing Parental Empathy | 10:10AM |
| 10:10AM | 15 min | Break | | 10:25AM |
| 10:25AM | 90 min | Parents | Addressing Parents' Unmet Needs Impact of Parents' Own Trauma History | 11:55AM |
| 11:55AM | 50 min | Catch-Up | Extra Time for Questions, Telehealth Play Activities | 12:45PM |

Day 5
In-Person

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|---------|--------|------------|--|---------|
| 8:30AM | 15 min | Welcome | Intro Group Activities | 8:45AM |
| 8:45AM | 75 min | Trauma | Impact of Trauma on Complex Families Review of Trauma Theory Adapting Theraplay for Complex Families | 10:30AM |
| 10:30AM | 15 min | Break | | 10:45AM |
| 10:45AM | 75 min | Role Plays | Structure and Engagement Role Plays | 12:00PM |
| 12:00PM | 60 min | Lunch | | 1:00PM |
| 1:00PM | 75 min | Role Plays | Nurture and Challenge Role Plays Working with Parents Role Play | 2:15PM |
| 2:15PM | 15 min | Treatment | Phases of Treatment | 2:30PM |
| 2:30PM | 15 min | Break | | 2:45PM |
| 2:45PM | 30 min | Resistance | Resistance Lecture and Videos | 3:15PM |
| 3:15PM | 60 min | Role Play | Resistance Role Play | 4:15PM |
| 4:15PM | 15 min | Wrap Up | Assignment of Application Role Play and Final Questions | 4:30PM |

Day 6
In-Person

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|---------|--------|---|---|---------|
| 8:30AM | 45 min | Countertransference and Complex Parents | Countertransference in Theraplay Identifying and Managing Countertransference Identifying Complex Parents | 9:15AM |
| 9:30AM | 30 min | Foster Care | Adaptations for Foster Care | 10:00AM |
| 10:00AM | 30 min | Developmental Delays | Adaptations for ASD | 10:30AM |
| 10:30AM | 15 min | Break | | 10:45AM |
| 10:45AM | 60 min | Adolescents | Adolescent Development Adaptations and Considerations | 11:45AM |
| 11:45AM | 15 min | | Catch-Up Time | 12:00PM |
| 12:00PM | 60 min | Lunch | | 1:00PM |
| 1:00PM | 90 min | Role Play | Application Role Play | 2:30PM |
| 2:30PM | 15 min | Break | | 2:45PM |
| 2:45PM | 30 min | Practicum | Certification Process | 3:15PM |
| 3:15PM | 15 min | Questions | Final Questions Group Goodbye Activities Group Photo (if possible) | 3:30PM |