

| | |
|---------------|--|
| | <p>Basic ONLINE Training MIM/FIS Family Interaction</p> <p>(For people who have done the MIM/DEIS Basic training)</p> |
| Day 1. | |
| 9.30-10.30 | <p>Introduction to the psychology of Pregnancy: what is emotional interaction towards the tummy baby?</p> <ul style="list-style-type: none"> - MFA (mother-fetal attachment) - Pre-EA (prenatal emotional availability) <p>How to observe and assess using the Prenatal MIM?</p> |
| 10.30-10.45 | Break |
| 10.45-11.45 | Qualitative Examples of Prenatal MIM and assesment ¹ |
| 11.45-12 | Break |
| 12-12.30 | Discussion how to work prenatally (clinical interventions) |
| Lunch | 12.30-13.30 |
| 13.30-14.15 | <p>MIM/DEIS with young infants</p> <ul style="list-style-type: none"> - practical issues - interaction theory 3-6 months |
| 14.15-14.30 | Break |
| 14.30-16.00 | <p>Case Examples 1 and 2,3</p> <ul style="list-style-type: none"> - Scoring practice 4 months, 5 months - short example 6 months + intervention |
| | |
| | |
| Day 2. | Avoidant /Disengaged Emotional Interaction Style |
| 9.30-10.30 | <p>MIM/DEIS with 6-12 months old</p> <p>Case Example 4: Practicing the use of the DEIS</p> |
| 10.30-10.45 | Break |
| 10.45-11.15 | Case Example 5 |
| 11.15-11.25 | Break |
| 11.25-12.30 | <p>Case example 6 (+ intervction)</p> <p>Case example 7 (a toddler example)</p> |

| | |
|-------------|---|
| Lunch | 12.30-13.30 |
| 13.30-14.15 | Case example 8(a toddler example) |
| 14.15-14.30 | Break |
| 14.30-16.00 | How to work with parents of Infants and Toddlers - Reflective Feedback + materials for Infants/Toddlers - Feedback, Comments, Discussion |

¹ The assessment of prenatal MIM is done qualitatively here. Learning how to use Pre-EA scales (which are developed to quantitatively assess prenatal emotional availability would require training in the EA (www.emotionalavailability.com) and there is not time to do so in this 2-day workshop. So here the focus is on 2 qualitative dimensions: sensitivity/engagement and non-hostility.

Salo, S. J., Flykt, M., Isosävi, S., Punamäki, R. L., Kalland, M., Biringen, Z., & Pajulo, M. (2019). Validating an observational measure of prenatal emotional availability among mothers with depressive symptoms. Journal of Prenatal & Perinatal Psychology & Health.