

# Sunshine Circles – Theraplay for the Classroom

## Training Agenda

Day 1			
Unit	Start Time	End Time	Duration
Welcome	8:30 AM	9:20 AM	50 minutes
Introduction	9:20 AM	9:50 AM	30 minutes
Role Play Activity	9:50 AM	9:55 AM	5 minutes
Unit 1: Attachment	9:55 AM	10:25 AM	30 minutes
Break	10:25 AM	10:40 AM	15 minutes
Role Play Activity	10:40 AM	10:45 AM	5 minutes
Attunement	10:45 AM	11:05 AM	20 minutes
Attachment in School	11:05 AM	11:30 AM	25 minutes
Role Play	11:30 AM	12:00 PM	30 minutes
Lunch	12:00 PM	1:00 PM	60 minutes
Role Play	1:00 PM	1:10 PM	10 minutes
Unit 2: Dimensions of Theraplay	1:10 PM	2:10 PM	60 minutes
Unit 3: Touch	2:10 PM	2:40 PM	30 minutes
Break	2:40 PM	2:55 PM	15 minutes
Role Play Activity	2:55 PM	3:00 PM	5 minutes
Unit 4: Leading Sunshine Circles	3:00 PM	4:10 PM	70 minutes
Role Play	4:10 PM	4:30 PM	20 minutes

Day 2			
Unit	Start Time	End Time	Duration
Welcome	8:30 AM	8:40 AM	10 minutes
Unit 5: Trauma	8:40 AM	9:35 AM	55 minutes
Unit 6: Responding to Resistance	9:35 AM	10:20 AM	45 minutes
Break	10:20 AM	10:35 AM	15 minutes
Group Theraplay Video	10:35 AM	11:05 AM	30 minutes
Unit 7: Planning and Practicing SC Groups	11:05 AM	12:00 PM	55 minutes
Lunch	12:00 PM	1:00 PM	60 minutes
Group Planning	1:00 PM	1:20 PM	20 minutes
Role Play and Group SC Practice	1:20 PM	2:45 PM	85 minutes
Break	2:45 PM	3:00 PM	15 minutes
Unit 8: Planning for Successful Implementation	3:00 PM	4:00 PM	15 minutes
Closing	4:00 PM	4:15 PM	15 minutes
Role Play Activity	4:15 PM	4:30 PM	15 minutes