

One Day Group Training Agenda

Day 1					
Start Time	Duration	Unit	Content	Activity	End Time
8:30 a.m.	30 min	Welcome	<ul style="list-style-type: none"> • Training Objectives • Individual Introductions • Announcements 	<ul style="list-style-type: none"> • Group Theraplay Activity: Change Places with Eye Contact, Beanie Toss by Name, Line up by Height or Birthday • Process the Play experience 	9:00
9:00	60 min	Introduction	<ul style="list-style-type: none"> • What are Theraplay and Group Theraplay? • Difference between Individual Theraplay and Theraplay Groups; • Theoretical Foundations for Group Theraplay 	<ul style="list-style-type: none"> • Video: Sunshine Circles dvd • Discussion <p>Show <i>Harvard The Science of Neglect Video</i></p>	10:00
10:00	15 min	Break			10:15
10:15	15 min	Role Play		Group Theraplay Activity	10:30
10:30	90 min	Dimensions	<ul style="list-style-type: none"> • Theraplay Dimensions: • The importance of Play • Touch: Discussion of policy around touch and nurture • Trauma • How Theraplay Groups Can Help • Leading Theraplay Groups 	<p>Show Group Dimension Videos <i>in accordance with the appropriate dimension.</i></p> <p>Role play a game from each dimension</p> <p>Show Elementary School Group: <i>Bourne video or one of Marlo's younger groups</i></p> <p>Show <i>The Importance of Touch Video</i></p>	12:00
12:00 p.m.	60 min	Lunch			1:00
1:00	90 min	Leading Theraplay Groups	<ul style="list-style-type: none"> • Role Play • Overview & Creating the Theraplay Atmosphere • Managing Resistance • Planning and Practice 	<p>Group Theraplay Activity</p> <p>Managing Resistance: Show Resistance Videos</p> <p>Break into groups if needed and have groups plan their group.</p>	2:30
2:30	15 min			Break	2:45
2:45	75 min	Leading Theraplay Groups (continued)	<ul style="list-style-type: none"> • Planning & Practice (continued) • Implementation • Progression over time • Applying group to special populations: • Certification 	<p>Continue Role Plays</p> <p>Marlo's Teen Video, Mother Baby Group</p>	4:00
4:00	30min	Wrapping up	<ul style="list-style-type: none"> • Questions • Evaluations • Final Game Play 	Closing Activity	4:30