

Level One Theraplay & Marschak Interaction Method Agenda – Participant

DAY 1				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	45 min	Welcome	<ul style="list-style-type: none"> • Training Objectives • Individual Introductions • Announcements • Brief history of TP 	9:15 AM
9:15 AM	45 min	Introduction & Theoretical Foundations	<ul style="list-style-type: none"> • What is Theraplay? • Theoretical Review 	10:00 AM
10:00 AM	15 min	Break		10:15 AM
10:15 AM	105 min	Dimensions	<ul style="list-style-type: none"> • The Four Dimensions of Theraplay • The Importance of Play 	12:00 PM
12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	90 min	Treatment Process	<ul style="list-style-type: none"> • The Theraplay Protocol • MIM Administration • Observation and Analysis of the MIM 	2:30 PM
2:30 PM	15 min	Break		2:45 PM
2:45 PM	60 min	MIM Analysis Continued	<ul style="list-style-type: none"> • Observation and Analysis of the MIM (continued) 	3:45 PM
3:45 PM	45 min	Role Play	<ul style="list-style-type: none"> • Structure Activities demonstration and practice 	4:30PM

DAY 2				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	120 min	MIM Feedback Process	<ul style="list-style-type: none"> • How to plan, prepare and conduct parent feedback sessions • Treatment Planning • Review of Feedback session with Demonstration family 	10:30 AM
10:30 AM	15 min	Break		10:45 AM
10:45 AM	45 min	Role Play	<ul style="list-style-type: none"> • Engagement Activities demonstration and practice 	11:30 AM
11:30 AM	30 min	Sequence of a Session	<ul style="list-style-type: none"> • Integrating information from assessment and theory to consider how to plan your sessions • Planning Theraplay sessions 	12:00 PM

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			<ul style="list-style-type: none"> What might a first session look like for our demonstration case 	
12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	45 min	Demonstration Family: 1 st session	<ul style="list-style-type: none"> Review video of first session with demonstration family Process session plan and adjustments made by practitioner 	1:45 PM
1:45 PM	45 min	The Role of Touch	<ul style="list-style-type: none"> Review of and discussion about the importance of touch Nurture Activities demonstration and practice 	2:45 PM
2:45 PM	15 min	Break		3:00 PM
3:00 PM	90 min	Demonstration Case Wrap - UP	<ul style="list-style-type: none"> Review video of treatment progression Discuss increasing role of parents Discuss ongoing role of practitioner Discuss and highlight practitioner guiding parents to increased confidence and competence Observations re: treatment progress related to treatment goals 	4:30 PM

DAY 3				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	120 min	Principles for working with parents	<ul style="list-style-type: none"> Preparing the parents Developing parental empathy Building parental competence Contraindications for including parents Addressing parent's needs – impact of their own trauma and attachment history 	10:30 AM
10:30 AM	15 min	Break		10:45 AM
10:45 AM	75 min	Theraplay with Complex Trauma	<ul style="list-style-type: none"> Impact of trauma on children and families Review of theory Why Theraplay and how it can help Adapting Theraplay for working with complex trauma Contraindications for using Theraplay Combining treatment modalities 	12:00 AM

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12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	45 min	Trauma Continued		1:45 PM
1:45 PM	90 min	Role Play	• Challenge Activities demonstration and practice	2:30 PM
2:30 PM	15 min	Break		2:45 PM
2:45 PM	105 min	Phases of treatment & Working with and Managing Resistance	<ul style="list-style-type: none"> • Typical progression of treatment • Termination • Identifying causes of resistance • Managing resistance 	4:30 PM

DAY 4				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	45 min	Countertransference & Complex Parents	<ul style="list-style-type: none"> • Countertransference in Theraplay • Identifying & managing countertransference reactions in Theraplay • Identifying Complex parents • Recommendations for working with Complex parents 	9:15 AM
9:15 AM	45 min	Foster Care or Developmental Delays (includes Autism) [Select based upon participants]	<ul style="list-style-type: none"> • Implementing Theraplay with specific populations • Adaptations 	10:00 AM
10:00 AM	15 min	Break		10:15 AM
10:15 AM	60 min	Adolescents	<ul style="list-style-type: none"> • Implementing Theraplay with specific populations • Adolescent development • Adaptations & considerations 	11:15 AM

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11:15 AM	45 min	Implementation Discussion	<ul style="list-style-type: none"> • Theraplay in your work place – what obstacles may arise • Psychoeducation for administrators • Logistics of incorporating Theraplay in your practice • Ethical use of the model based upon credentials 	12:00 PM
12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	90 min	Application Role Play	<ul style="list-style-type: none"> • Participants have prepared a treatment plan that integrates what they have learned based upon a case they have worked on, currently work with, or plan to work with. 	2:30 PM
2:30 PM	15 min	Break		2:45 PM
2:45 PM	30 min	Certification Process	<ul style="list-style-type: none"> • Review and discussion of Certification Process • Participant Questions • Theraplay Service Mark • Evaluations (review of online process if online evaluation being used) 	3:15 PM
3:15 PM	15 min	Good Bye Games	<ul style="list-style-type: none"> • Group Games 	3:30 PM

Participants are asked to read Chapters 1, 2 & 4 of the Theraplay Text prior to day 1 and complete a homework assignment after day 3 integrating material covered in preparation for their application role play for the additional 1 hour of training.