

Agenda

All Behavior Makes Sense: Play Therapy with Kids with Vulnerable Nervous Systems

Day 1

April 13, 2023

9:00 am - 10:30 am

Polyvagal Theory, NMT theory, and how they relate specifically to play therapy clients/treatment.

10:30 am - 10:45 am

Break

10:45 am - 12:15 pm

Playful Parts- Introducing the owl, watchdog, and possum brain to play therapy clients; Play therapy interventions to 'strengthen the owl brain'.

Day 2

April 14, 2023

9:00 am - 10:30 am

Play Therapy Interventions to Calm the Watchdog Brain.

10:30 am - 10:45 am

Break

10:45 am - 12:15 pm

Play Therapy Interventions to Calm the Watchdog Brain.