

Level One Theraplay & Marschak Interaction Method Agenda – Participant

DAY 1				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	45 min	Welcome	<ul style="list-style-type: none"> • Training Objectives • Individual Introductions • Announcements • Brief history of TP 	9:15 AM
9:15 AM	45 min	Introduction & Theoretical Foundations	<ul style="list-style-type: none"> • What is Theraplay? • Theoretical Review 	10:00 AM
10:00 AM	15 min	Break		10:15 AM
10:15 AM	105 min	Dimensions	<ul style="list-style-type: none"> • The Four Dimensions of Theraplay • The Importance of Play 	12:00 PM
12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	90 min	Treatment Process	<ul style="list-style-type: none"> • The Theraplay Protocol • MIM Administration • Observation and Analysis of the MIM 	2:30 PM
2:30 PM	15 min	Break		2:45 PM
2:45 PM	60 min	MIM Analysis Continued	<ul style="list-style-type: none"> • Observation and Analysis of the MIM (continued) 	3:45 PM
3:45 PM	45 min	Role Play	<ul style="list-style-type: none"> • Structure Activities demonstration and practice 	4:30PM

DAY 2				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	120 min	MIM Feedback Process	<ul style="list-style-type: none"> • How to plan, prepare and conduct parent feedback sessions • Treatment Planning • Review of Feedback session with Demonstration family 	10:30 AM
10:30 AM	15 min	Break		10:45 AM
10:45 AM	45 min	Role Play	<ul style="list-style-type: none"> • Engagement Activities demonstration and practice 	11:30 AM
11:30 AM	30 min	Sequence of a Session	<ul style="list-style-type: none"> • Integrating information from assessment and theory to consider how to plan your sessions • Planning Theraplay sessions 	12:00 PM

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			<ul style="list-style-type: none"> • What might a first session look like for our demonstration case 	
12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	45 min	Demonstration Family: 1 st session	<ul style="list-style-type: none"> • Review video of first session with demonstration family • Process session plan and adjustments made by practitioner 	1:45 PM
1:45 PM	45 min	The Role of Touch	<ul style="list-style-type: none"> • Review of and discussion about the importance of touch • Nurture Activities demonstration and practice 	2:45 PM
2:45 PM	15 min	Break		3:00 PM
3:00 PM	90 min	Demonstration Case Wrap - UP	<ul style="list-style-type: none"> • Review video of treatment progression • Discuss increasing role of parents • Discuss ongoing role of practitioner • Discuss and highlight practitioner guiding parents to increased confidence and competence • Observations re: treatment progress related to treatment goals 	4:30 PM

DAY 3				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	120 min	Principles for working with parents	<ul style="list-style-type: none"> • Preparing the parents • Developing parental empathy • Building parental competence • Contraindications for including parents • Addressing parent's needs – impact of their own trauma and attachment history 	10:30 AM
10:30 AM	15 min	Break		10:45 AM
10:45 AM	75 min	Theraplay with Complex Trauma	<ul style="list-style-type: none"> • Impact of trauma on children and families • Review of theory • Why Theraplay and how it can help • Adapting Theraplay for working with complex trauma • Contraindications for using Theraplay • Combining treatment modalities 	12:00 AM

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12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	45 min	Trauma Continued		1:45 PM
1:45 PM	90 min	Role Play	• Challenge Activities demonstration and practice	2:30 PM
2:30 PM	15 min	Break		2:45 PM
2:45 PM	105 min	Phases of treatment & Working with and Managing Resistance	<ul style="list-style-type: none"> • Typical progression of treatment • Termination • Identifying causes of resistance • Managing resistance 	4:30 PM

DAY 4				
Start Time	Duration	General Topic	Content	End Time
8:30 AM	45 min	Countertransference & Complex Parents	<ul style="list-style-type: none"> • Countertransference in Theraplay • Identifying & managing countertransference reactions in Theraplay • Identifying Complex parents • Recommendations for working with Complex parents 	9:15 AM
9:15 AM	45 min	Foster Care or Developmental Delays (includes Autism) [Select based upon participants]	<ul style="list-style-type: none"> • Implementing Theraplay with specific populations • Adaptations 	10:00 AM
10:00 AM	15 min	Break		10:15 AM
10:15 AM	60 min	Adolescents	<ul style="list-style-type: none"> • Implementing Theraplay with specific populations • Adolescent development • Adaptations & considerations 	11:15 AM

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11:15 AM	45 min	Implementation Discussion	<ul style="list-style-type: none"> • Theraplay in your work place – what obstacles may arise • Psychoeducation for administrators • Logistics of incorporating Theraplay in your practice • Ethical use of the model based upon credentials 	12:00 PM
12:00 PM	60 min	Lunch		1:00 PM
1:00 PM	90 min	Application Role Play	<ul style="list-style-type: none"> • Participants have prepared a treatment plan that integrates what they have learned based upon a case they have worked on, currently work with, or plan to work with. 	2:30 PM
2:30 PM	15 min	Break		2:45 PM
2:45 PM	30 min	Certification Process	<ul style="list-style-type: none"> • Review and discussion of Certification Process • Participant Questions • Theraplay Service Mark • Evaluations (review of online process if online evaluation being used) 	3:15 PM
3:15 PM	15 min	Good Bye Games	<ul style="list-style-type: none"> • Group Games 	3:30 PM

Participants are asked to read Chapters 2, 4 & 6 of Theraplay: The Practitioner's Guide prior to day 1 and complete a homework assignment (comprised of roughly an hour of preparation) after day 3 integrating material covered in preparation for their application role play.