

# Agenda

Polyvagal Theory Principles and Play  
Therapy with Theraplay® Examples

**9:00 am - 10:30 am**

Lecture & Video about the following PVT concepts and how they appear in treatment: neuroception, safety and defense, the social engagement system (SES), the progression from SES to trusting relationships, the state of polyvagal play/dance, the state of rest and digest/intimacy, passive and active phases of treatment, moving between states, and the four components of Theraplay. Still photos and video of non-clinical caregiver-child dyads and 2 clinical examples of Theraplay assessment and treatment planning will illustrate the above.

**10:30 am - 10:45 am**

**Break**

**10:45 am - 12:00 pm**

Lecture, video and clinical stories about using PVT concepts in the Theraplay treatment planning, and problem solving in treatment sessions for a third clinical example.

**12:00 pm - 12:15 pm**

Questions and answers with the participants.