

**FINAL SELF-DESCRIPTION BY DIMENSION**

*Please include this form with final.*

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_

Supervisor:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This document is designed to help students reflect on **their body of work** and identify their own areas of strength and improvement. The feedback and rating from the direct supervisor and the Theraplay supervisor are intended to provide a concrete response to the student’s work so that the student understands their level of skill.

**PLEASE READ INSTRUCTIONS BELOW BEFORE COMPLETING:**

**Students:** For each category, please provide rating and a brief explanation of your rating score using the space provided. ***NOTE: You and your supervisor*** ***should review your total body of work, not just the session submitted***. The TTI supervisor will then review the session submitted and add his/her rating.

**Supervisors:** Please provide supporting comments for your ratings for the evaluating TTI supervisor.



**THE RATING SCALE:**

5: Exceptional

* Demonstrates ability to implement aspect of treatment effectively (90-100%) with limited guidance required. Integrates feedback from supervisor into practice all of the time.

4: Good skills

* Demonstrates ability to implement aspect of treatment effectively (70-90% of the time). Integrates feedback from supervisor into practice most of the time.

3: Average

* Demonstrates ability to implement aspect of treatment 50-70% of the time. Integrates feedback from supervisor into practice some of the time.

2: Needs improvement and additional supervisory support

* Demonstrates ability to implement aspect of treatment effectively 30-50% of the time. Integrates feedback from supervisor into practice minimally.

1: Significant deficit area—requires supervision beyond the standard practicum

* Practice not in line with Theraplay practice and supervisee has not demonstrated efforts to integrate recommendations of supervisor.

| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
| --- | --- | --- | --- |
| **MIM ASSESSMENT** |  |  | **N/A** |
| **Areas to consider**:  **Administer MIM appropriately**: Select appropriate space; Provide clear instruction to family, selecting appropriate activities; Ask follow up questions of the family re: their experience with the MIM.  **MIM Analysis:** Demonstrates an ability to complete written analysis of MIM clearly and effectively.  Demonstrate on MIM analysis form at least 4 specific observations (reference verbal/non-verbal cues) that support conclusions and plans; Responses on the MIM Analysis Form demonstrate agreement between findings and supervisor 40-60% of the time; MIM findings clearly highlight recommendations for treatment and guide treatment planning process. Treatment Plans correspond to MIM Analysis that includes specific goals for treatment within appropriate dimensions; Session plans reflect understanding of identified goals and are guided by the treatment plan; Demonstrates an understanding of who and what needs to change and is able to guide this process through session planning.  **MIM feedback appropriate and sensitive:** Is able to highlight family’s/dyad’s strengths and illustrate them through video clips; Is able to identify areas of concern and empathically explore with caregivers during feedback sessions. | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***Recommendations for increasing competence:*** | | | |
| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
| **STRUCTURE** |  |  |  |
| ***Description:*** Arrange space and positioning for maximum comfort and impact on child**;** Help child focus on and attend to therapist, or parent**;** Activity choice appropriate for age/gender/developmental level**;** Lead child through a variety of organized, interactive playful sequences (example, balance between nurture/ structure, quiet/ boisterous, faster/calmer)**;** Help child accept structure**;** Help child remain regulated**;** Able to help child regain regulation; Is able to work around resistance**;** Uses appropriate modification for trauma history**.** | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***TTI Reviewer Feedback:*** | | | |
| ***Recommendations for increasing competence:*** | | | |

| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
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| **ENGAGEMENT** |  |  |  |
| ***Description:***  Demonstrates openness to connect with the child and create “moments of meeting”; Focuses on child exclusively and child experience being seen, heard and felt; Draw child’s attention to adult’s face/body and facial expressions/gestures; Share and increase positive affect through the interaction; Imitate child to turn what they do into a communication; Develop a repertoire of play interactions; Acknowledges child’s reactions, likes and dislikes, distress and pleasure; Makes appropriate modifications for trauma history; Responds to child in order for child to feel he/she can make an impact. | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***TTI Reviewer Feedback:*** | | | |
| ***Recommendations For Increasing Competence:*** | | | |

| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
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| **NURTURE** |  |  |  |
| ***Description:*** Provides nurturing touch and child is able to experience, accepts and enjoy the being cared for; Notices & acknowledges hurts during session & takes care of them; Mode and intensity of nurture is tailored to the specific needs of the child; Soothes the child when upset; Is comfortable with providing touch in its various forms; Makes appropriate modifications for trauma. | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***TTI Reviewer Feedback:*** | | | |
| ***Recommendations for increasing competence:*** | | | |

| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
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| **CHALLENGE** |  |  |  |
| ***Description:***  Assist child to tolerate [accept] a variety of new activities; Is able to identify child’s non-verbal signals; Assists child to develop ability to transition between activities calmly and with positive affect; Assists child to develop ability to prolong interaction; Encourages child to complete activities that are mildly difficult and involve developmentally appropriate or slightly higher skills; Assists child to feel competent and take fun-based risks; Makes appropriate modifications for trauma. | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***TTI Reviewer Feedback:*** | | | |
| ***Recommendations for increasing competence:*** | | | |
| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
| **WORKING WITH PARENTS** |  |  |  |
| ***Description:*** Demonstrate the ability to be attuned to the parents’ need in a Theraplay session at an advanced level; Provide proper seating; addresses parent to make her feel involved; Steps in to aid parent if an activity is not going well at an advanced level; As parent demonstrates competence, increases their participation in sessions.  **Interpreting:** Explains clearly to parents critical aspects of Theraplay sessions & Theraplay principals; Demonstrates willingness to explain the reasons underneath the activities to the parents in a supportive manner.  **Guiding in session:** Able to provide structure for parents to successfully participate in activities with their child; Able to redirect caregiver as needed to maintain positive interactions with the dyad  Include parent as much as possible and increases their participation over the course of treatment.  **Assigning homework:** Provides appropriate assignments to parent to incorporate into daily/weekly routines with child; Follows- up with parent re: assignments.  **Dealing with resistance:** Manage countertransference appropriately; Able to provide support and empathy to parent when resistance is present; Maintains the safety of the child in the presence of resistance.  **Generalizing:** assists parent to take Theraplay skills outside of the session; Demonstrates willingness to explain the reasons underneath the activities to the parents in a supportive manner; Follows the protocol of having consistent contact with the parent as necessary and applicable.  **Appropriate modifications for trauma history:** Understands the effect of the child’s trauma and related need for making appropriate accommodations; Understands the effect of the child’s trauma on the parent; Understands the effect of the parents’ history of trauma on their ability to parent effectively. | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***TTI Reviewer Feedback:*** | | | |
| ***Recommendations for increasing competence:*** | | | |

| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
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| **SELF REFLECTION** |  |  |  |
| ***Description:***  **Sessions demonstrate clinicians ability to integrate assessment materials**: Session plans are related to assessment and identified treatment goals; Progression of sessions reflect progress toward goal achievement  **Seeks and utilizes supervision effectively and appropriately:** Is eager to learn; Completes required forms and makes specific references to events as they occurred in session; Open to suggestions/ recommendations of supervisor; Demonstrates an ability to reflect on strengths and challenges within a session and learn from them.  **Demonstrates growth across sessions:** Is able to apply self-reflections to subsequent sessions; Integrates feedback of supervisor in subsequent sessions and as relevant to other families; Makes specific references on the session supervision form pertaining to events that happened in their session. | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***TTI Reviewer Feedback:*** | | | |
| ***Recommendations for increasing competence:*** | | | |

| **Category** | **Self-**  **Rating** | **Supvr.**  **Rating** | **TTI Rating** |
| --- | --- | --- | --- |
| **OVERALL** |  |  |  |
| ***Description:*** Demonstrates understanding of attachment and regulatory theory that underlies Theraplay treatment; Demonstrates understanding child’s underlying physiologic or psychological motives rather than surface behaviors.  **Research:** Up to date on relevant research in developmental sciences and Theraplay applications; Seeks information related to increasing their understanding of current brain, trauma and attachment research to support their work/practice.  **Observes contraindications as appropriate:** Demonstrates flexibility in approach to activities in response to sensory issues, trauma, and resistance. | | | |
| ***Please provide a brief explanation of your rating:*** | | | |
| ***Supervisor’s Supporting Comments:*** | | | |
| ***TTI Reviewer Feedback:*** | | | |
| ***Recommendations for increasing competence:*** | | | |

| **Additional Comments:** |
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| ☐ This application has been reviewed and approved for Certified Theraplay Practitioner. Please forward the appropriate certificate.  ☐ This application has been reviewed. At this time, it is recommended that applicant seek additional support from their supervisor.  X\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  *Signature of TTI Reviewer* |
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