

Learning Objectives

MODULE 4

1. Describe how to guide parents and caregivers to participate in a Theraplay, a modality of play therapy, in treatment sessions.
2. Specify how to support parents and caregivers in the development of empathy, understanding, and mentalization/reflective capacity when interacting with their children.
3. Demonstrate how to prepare parents and caregivers to use Theraplay play therapy techniques at home to further therapeutic goals.
4. Examine what differentiates working with a complex parent from a more typical case and what this means for play therapy treatment.
5. Identify 3 ways in which culture impacts our work with caregivers.